

Course: 1 Day Self Rescue

Qualification: Confined Space for Entrants - Low to Medium Risk

Duration: 1 Day

Who Should Attend?

Anybody who will be working in or at a confined space where the risk assessment has classified the confined space as low – medium risk.

What Will Be Covered?

- Interpretation and recognition of confined spaces
- Working safely in confined spaces
- Use of gas detection equipment
- Escape sets
- Tripods and winches
- Harness appreciation
- Use of personal protective equipment
- Different forms of communication in confined spaces
- Manning levels for working in confined spaces
- Current policies and legislation Confined space awareness

Course Includes:


- Refreshments throughout the day
- Lunch
- Photo ID card (on completion of course)
- Civil Safety Training & Rescue Ltd certificate which is valid for three years (on completion of course)

Course Requirements

All candidates wishing to take a City and Guilds confined space qualification should be a minimum of 16 years old and be medically fit.

Email: info@civilsafety.co.uk

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